

Dr. Barrett D. Straub DDS

POST-OPERATIVE INSTRUCTIONS FOR EXTRACTIONS

WHEN SHOULD YOU NOTIFY THE DOCTOR

1. If profuse bleeding continues after 3-4 hours of applied pressure
2. If you are unable to maintain a nutritious diet after 48 hours.
3. If the pain and/or swelling increases after the third day.
4. If an oral bandage becomes dislodged prior to the third day.
5. If you have an allergic reaction to medications such as: skin rash, hives, elevated temperature, increased and/or erratic heart rate, nausea/vomiting, dizziness/fainting, blurred vision.

GENERAL INSTRUCTIONS

DO NOT rinse for at least 24 hours after the surgery
DO NOT exercise or do heavy lifting for 3 to 5 days after the surgery
DO NOT smoke for 72 hours!
DO NOT spit or drink through a straw

WHAT TO EXPECT FOLLOWING ANY SURGERY

BLEEDING

To slow or prevent bleeding, bite with light pressure on the gauze pack that has been placed over the surgical area. Pressure should be applied in 20 to 30 minute intervals and repeated until the bleeding is brought under control. If bleeding persists without slowing for several hours apply a gauze soaked in strong tea and repeat the above steps until the bleeding stops. Exercising and heavy lifting will raise your blood pressure and will dislodge the blood clot and bleeding will resume. Avoid exercising for three to five days following the surgery.

SWELLING

To prevent and/or minimize swelling apply ice packs at 10-minute intervals to the surgical area. After 72 hours apply warm compresses to the area to relieve swelling. Swelling is a natural part of the healing process and can be expected for 3 days to several weeks depending on the nature and the extent of the surgery.

DISCOMFORT

You will be provided medication to manage discomfort when necessary. Please note that it is important to take any pain medication prescribed as directed for at least 2 days and not "only when it hurts." Keeping a consistent amount of the medication within the bloodstream is important to managing pain.

Dr. Straub Cell: 414-690-3286

Office: 262-284-5505

MEDICATIONS: Take only when checked.

- AMOXICILLIN-Fill prescription and take as directed
- Z PAC #1 - Fill prescription and take as directed
- ADVIL(IBUPROFEN)-Take 2-3 tablets (200mg tab lets) every 4 hours
- CELEBREX- Fill prescription and take as directed
- LORTAB 10mg - Fill prescription and take as directed

Other:

IF YOU HAVE ANY QUESTIONS ABOUT THESE MEDICATIONS INTERACTING WITH OTHER MEDICATIONS YOU ARE PRESENTLY TAKING, PLEASE CALL OUR OFFICE FIRST, YOUR PHYSICIAN AND/OR YOUR PHARMACIST.